

Being a family caregiver comes with many responsibilities.

The caregiver must make financial decisions for themselves and the care receiver. The decisions have to be in the best interest of the person in need and work for the rest of the family.

An important topic of consideration is the caregiver's retirement if he or she reduces or gives up employment to care for another family member.



Additional Information

The caregiver and the care receiver are encouraged to attend together so communication may begin. Register together—**two for the price of one!**

Thank you to our sponsors:

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For information on other programs, visit www.extension.iastate.edu/westpottawattamie

Or call 712-366-7070

No refunds after the deadline.

The fees for service will be used to offset direct expenses and to support the Human Sciences County Extension Program.

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West Pottawattamie County
1705 McPherson Ave., Suite 200
Council Bluffs, IA 51503



Finances of Caregiving

• a series for family caregivers •

Mondays

Sept. 9, 16, 23, 30 and

Oct. 7, 2019

4:30 p.m. to 6:30 p.m.

Risen Son Christian Village

3000 Risen Son Blvd.

Council Bluffs, IA 51503

IOWA STATE UNIVERSITY
Extension and Outreach

Planning Ahead

- Enables informed decision-making based on accurate financial documents.
- Reduces the added stress of having to make long-term care plans when a crisis has occurred and options may be limited.
- Ensures the care receiver still has the capacity to sign legal documents.
- Gives families an opportunity to ask and understand the wishes of the care receiver. A focus point to resolve conflicting views.
- Identifies the funds available to pay for long-term care and their sources.
- Enables the development of contingency plans and respite care depending on the progression of care needs.
- Can improve the current and future financial well-being of the caregiver.

Questions?

Contact Sandra McKinnon, M.S.
Human Sciences Specialist - Family Finance
Ph. 712-355-2067
Email: sandram@iastate.edu

Topics

1 • Understanding Your Starting Point

- Completing Worksheets

2 • Why It's Essential to Plan

- Wills, Living Wills
- Durable Power of Attorney
 - for Health Care
 - for Financial Matters

3 • Caregivers: Don't Forget to Plan for YOUR Retirement

- Retirement Plans - Ways to Continue Tax-Deferred Savings While Caregiving

4 • Paying for Care

- Long-Term Care Insurance
- Veterans Benefits
- Medicare and Medi-gap
- Medicaid
- Other Options

5 • Effective Communication

- Taking Time and Planning Ahead

Finances of Caregiving Registration

Register and pay online at
<http://bit.ly/foc13181>

Credit cards now accepted

**Or send this form and \$35 fee
by September 3rd to:**

West Pott County Extension Office
1705 McPherson Ave., Suite 200
Council Bluffs, IA 51503

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