



boystown.org/iowa



a Positive,
Sensible
Approach to
**Common
Problems**

FOR MORE INFORMATION
about Boys Town Iowa's
Common Sense Parenting®
program and how it can help
you build and reinforce healthy
family relationships, call us at
712-302-7999

Boys Town Iowa

Common Sense Parenting®

Common Sense Parenting (CSP)® for Parents of Children with Challenging Behaviors (ADHD focused). This is a 7 - week class that offers training for parents who want to build on their existing skills and learn new ways of dealing with their children's challenging behaviors related to Attention Deficit Disorder with Hyperactivity. Professional parent trainer teaches the course.

Dates: **Monday's, January 21st – March 4th**
(Weekly attendance required for class completion)

Times: **Free Meals provided at 5:30pm,**
Classes from 6:00 to 8:00pm

Cost: **FREE Classes, Childcare and Meals**

Where: **Charles E. Lakin YMCA**
235 Harmony St. Council Bluffs, IA

Topics Covered: Effects of ADHD
Parents as Teachers
Powerful Encouragement
Preventive Teaching
Correcting Problem Behaviors
Staying Calm
Putting It All Together

Must Call to Register at #712-302-7999

(Funded by CHI Health in partnership with Charles E. Lakin YMCA Council Bluffs)

Saving Children, Healing Families®

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