



## Adult MHDS Advisory Committee Agenda

**March 24, 2023, 10:00 am-11:30 am**

**Present: Barb Belstene, Scott Halverson, Daryn Richardson, Mary O’Neill, Kate Smith, Suzanne Watson, Lonnie Maguire, Danelle Bruce, Mary-Beth Roskens**

Introductions

Presenter: Amy Ortiz, Iowa Peer Network

- See attached power point presentation. There is a Peer Support Summit May 19<sup>th</sup> and 20<sup>th</sup>.

Roundtable Discussion: Committee Input

- Barriers to Services- Adults (what is missing), gaps in the system.
  - Workforce issues
  - Licensure issues for therapists
  - Continue to have long wait times for practitioners/therapists
    - Myrtue: a wait list, offering some group options. They are scheduled 3-5 months out with medication management closer to one month out.
    - SW IA Families: scheduled out 6-8 months. They have 8 therapists but only a few are full time.
    - Heartland Family Service: continue to do walk-in hours but some individuals have been turned away due to workforce issues and the need to prioritize specific groups ie pregnant women. They currently have six therapist openings at the main office location.
  - Lack of Medicare authorized therapists
- Continued Discussion of Workforce Concerns and Planning
  - Licensure issues between IA and NE
  - Reimbursement rates
- Positive Experiences, what is Going Well, How to Enhance
  - The trainings being held free of cost for therapists are beneficial and appreciated. The DBT, Sand Tray, and EMDR were specifically noted.
  - CHI’s Psychiatric Immediate Care Clinic

Members:
Barb Belstene
Scott Halverson
Daryn Richardson
Berneeta Wagoner
Sherrie McDonald
Mary O’Neill
Kate Smith

Advisory Committee Appointments to Governing Board-

- Berneeta Wagoner (Dec. 2024) motion to approve by Daryn Richardson, seconded by Mary O’Neill, motion passed unanimously.

Legislative Update

- Changes with the structure of the governing board coming if HF571 and SB571 pass this session. 51% of the board must consist of members other than Board of Supervisors. The change also adds a representative from law enforcement and the judicial system.

- As of June 30, 2023, region can only have a 20% fund balance.
- As of June 30, 2024, region can only have a 5% fund balance.

## Region Updates

- Annual Service and Budget Plan (FY24)
  - Reviewed, will be posted on region website once final approval is received by HHS.
  - Motion to move on to the governing board by Barb Belstene and seconded by Scott Halverson. Motion passed unanimously.
- Update on Crisis Services
  - Bridge Crisis Services/CSRS is now accepting referrals 712-325-5650.
  - Heartland Family Service has started to provide Community Based Crisis Residential services. It will expand as they have workforce capacity.
  - Children Square's/CSRS delayed due to workforce issues.
- Crisis Access Network (CAN) Progress
  - Continuing to work towards being a designated crisis access network with the state.
- Status of Calls/Referrals for Adults
  - Jan: 32 CAN/17 were MHCRT.
  - Feb: 34 CAN/19 were MHCRT.
- CIT Trainings Follow Up
  - The training was well attended. There will be another training in September 2023.

## Other items:

- Concerns that some individuals are not responding to staff providing supportive community living hours.
- Discussion of date for next meeting- September 27, 28 or 29<sup>th</sup>, 2023 –will meet on September 29, 2023.
- CHI has started visiting with individuals on their inpatient unit and if they are not already attached to a provider, they are offering PICC as a follow up MH appointment. This has helped with no show appointments.
- There may be a budget proposal with Council Bluffs schools to decrease counselors in the building next year.
- Discussed the Drug Endangered Children's training held on March 23<sup>rd</sup>.
- Region is eagerly awaiting notification of an Individual Placement Support (ISP) grant in collaboration with Heartland Family Service and VODEC.



## Children’s Behavioral Health Advisory Committee Agenda

**March 24, 2023, 10:00 am-11:30 am**

**Present: Scott Halverson, Melissa Nation, Ryan McCormick, Jonathan Holland, Allison Leach, Suzanne Watson, Lonnie Maguire, Danelle Bruce, Mary-Beth Roskens**

### Introductions

Presenter: Amy Ortiz, Iowa Peer Network

- See attached. There is a Peer Support Summit May 19th and 20th.

Members:
Kathy Hanafan
Scott Halverson
Tarah Devlin-Lawler
Melissa Nation
Ryan McCormick
Allison Leach
Ashley Harlow
Anthony Kava
Jonathan Holland

### Roundtable Discussion: Committee Input

- Barriers to Services- Children (what is missing), gaps in the system
  - Workforce issues.
  - Licensure issues for therapists.
  - Continue to have long wait times for practitioners/therapists.
  - Myrtue: a wait list, offering some group options. They are scheduled 3-5 months out with medication management closer to one month out.
  - SW IA Families: scheduled out 6-8 months. They have 8 therapists but only a few are full time.
  - Heartland Family Service: continue to do walk-in hours but some individuals have been turned away due to workforce issues and the need to prioritize specific groups ie pregnant women. They currently have six therapist openings at the main office location.
- Continued Discussion of Workforce Concerns and Planning
- Positive Experiences, what is Going Well, How to Enhance
  - The trainings being held free of cost for therapists are beneficial and appreciated. The DBT, Sand Tray, and EMDR were specifically noted.
  - CHI’s Psychiatric Immediate Care Clinic.

### Advisory Committee Appointments to Governing Board- Kathy Hanafan, Scott Halverson, Allison Leach (Dec. 2024)

- Kathy Hanafan, Scott Halverson and Alison Leach (Dec. 2024) motion by Daryn Richardson, seconded by Mary O’Neil. Motion passed unanimously.

### Legislative Update

- Changes with the structure of the governing board coming if HF571 and SF571 pass this session. 51% of the board must consist of members other than Board of Supervisors. The change also adds a representative from law enforcement and the judicial system.
- As of June 30, 2023, region can only have a 20% fund balance.
- As of June 30, 2024, region can only have a 5% fund balance.

## Region Updates

- Annual Service and Budget Plan (FY24)
  - Reviewed, will be posted on region website once final approval is received by HHS.
  - Motion to move on to the governing board by Barb Belstene and seconded by Scott Halverson. Motion passed unanimously.
- Update on Crisis Services
  - Children Square's/CSRS delayed due to workforce issues.
- Crisis Access Network (CAN) Progress
  - Continuing to work towards being a designated crisis access network with the state.
- Status of Calls/Referrals for Children
  - Jan. 2023: 3 MHCRT
  - Feb. 2023: 5 MHCRT

## Other Items:

- Concerns that some individuals are not responding to staff providing supportive community living hours.
- Discussion of date for next meeting- September 27, 28 or 29th, 2023 –**will meet on the 29<sup>th</sup>**.
- CHI has started visiting with individuals on their inpatient unit and if they are not already attached to a provider, they are offering PICC as a follow up MH appointment. This has helped with no show appointments.
- There may be a budget proposal with Council Bluffs schools to decrease counselors in the building next year.
- Discuss the Drug Endangered Children's training held on March 23rd.
- Region is eagerly awaiting notification of an Individual Placement Support (ISP) grant in collaboration with Heartland Family Service and VODEC.